



1. Install your tripod head onto the low pod puck. Please note you do not need to remove the black protective sticker before install.



2A. The optional anti-rotation screw, is provided if you want to lock your tripod head onto the low pod puck. You can lock this screw with the included 1/8" hex wrench



2B. Turn the low pod upside down and insert the 1/8" hex wrench into the lock screw access hole on the bottom of the low pod as shown in photo #2A and #2B. Tighten screw until slight resistance is felt.